



Photo via USA Today's FTW



Photo via Mamamia



Diving Events (8)

	Men's 3m Springboard	
	Women's 3m Springboard	
	Men's Synchro 3m Springboard	
	Women's Synchro 3m Springboard	
	Men's 10m Platform	
	Women's 10m Platform	
	Men's Synchro 10m Platform	
	Women's Synchro 10m Platform	

How Olympic Diving Works

Diving is split between two kinds of events: the 3-meter springboard (left) and the 10-meter platform (right). Both events are scored using the same principles.

Each dive is given a predetermined *degree of difficulty* (DD). A panel of judges score each dive based on factors such as angle of entry, the amount of rotations, and amount of splash. The degree of difficulty is multiplied by the judges' scores to give the total score for the dive. Seven judges are on the panel and the two highest and two lowest scores are removed, leaving the three "average" scores as the ones that actually get included in the overall score.

There are additional scoring metrics used in **synchronization** events (shown on left). These include the synchronization of rotations and movements and forward travel from the board.

For the **individual events**, the competition consists of three rounds: preliminary, semifinals, and final. The top 18 divers advance to the semifinals and the top 12 divers advance to the finals. Scores are reset after each round, so the final round decides which divers win Olympic medals. There is only one round in the various synchronization events.

For each event, male divers will complete six dives per round while female divers will complete five dives.

2020 Diving Medal Count - Top 3 Countries



Diving Schedule

Events in ET, medal events in bold

Date	Time	Event
Sat, July 27	5:00 AM	Women's Synchro 3m Springboard
Mon, July 29	5:00 AM	Men's Synchro 10m Platform
Wed, July 31	5:00 AM	Women's Synchro 10m Platform
Fri, Aug 2	5:00 AM	Men's Synchro 3m Springboard
Mon, Aug 5	4:00 AM	Women's 10 Platform Preliminary
Mon, Aug 5	9:00 AM	Women's 10 Platform Semifinal
Tue, Aug 6	4:00 AM	Men's 3m Springboard Preliminary
Tue, Aug 6	9:00 AM	Women's 10m Platform Final
Wed, Aug 7	4:00 AM	Men's 3m Springboard Semifinal
Wed, Aug 7	9:00 AM	Women's 3m Springboard Preliminary
Thu, Aug 8	4:00 AM	Women's 3m Springboard Semifinal
Thu, Aug 8	9:00 AM	Men's 3m Springboard Final
Fri, Aug 9	4:00 AM	Men's 10m Platform Preliminary
Fri, Aug 9	9:00 AM	Women's 3m Springboard Final
Sat, Aug 10	4:00 AM	Men's 10m Platform Semifinal
Sat, Aug 10	9:00 AM	Men's 10m Platform Final