

How Sailing Works

The goal of Olympic Sailing is to reach the finish line as quickly as possible while navigating around a series of buoys. Multiple races (anywhere from 10 to 20, depending on the event) make up the competition and individuals or teams earn points based on what place they finish in each race.

In most of the sailing events, the top 10 individuals or teams after the races have been completed move on to the **medal race** which is worth double points. The boat with the *lowest* overall score after all the races have been completed wins the gold medal. The windsurfing and kitesurfing events vary from this format and instead have quarterfinal, semifinal, and final rounds that trim the field down.

Sailboat Type Examples Photos via Paris 2024, sail-world.com, ABC, World Sailing, Nacra Sailing

There are 10 gold medals being awarded in sailing in Paris as there are several different sailboats used. **Windsurfing** (sometimes called "windfoiling") is making its debut in the 2024 Games.







Skiff



Windsurfer



Multihull/Catamaran





Kite

Sailing Schedule

Events in ET, medal events in **bold**

Date	Time	Event
Sun, July 28	6:13 AM	Women's Windsurfing Races 1-4
Sun, July 28	7:43 AM	Men's Windsurfing Races 1-4
Sun, July 28	9:35 AM	Men's Skiff Races 1-3
Sun, July 28	9:45 AM	Women's Skiff Races 1-3
Mon, July 29	6:15 AM	Women's Skiff Races 4-6
Mon, July 29	8:05 AM	Men's Skiff Races 4-6
Mon, July 29	9:43 AM	Women's Windsurfing Races 5-8
Mon, July 29	10:01 AM	Men's Windsurfing Races 5-8
Tue, July 30	6:13 AM	Women's Windsurfing Races 9-12
Tue, July 30	8:17 AM	Men's Windsurfing Races 9-12
Tue, July 30	9:45 AM	Women's Skiff Races 7-9
Tue, July 30	10:35 AM	Men's Skiff Races 7-9
Wed, July 31	6:15 AM	Women's Skiff Races 10-12
Wed, July 31	8:03 AM	Men's Windsurfing Races 13-16
Wed, July 31	8:50 AM	Men's Skiff Races 10-12
Wed, July 31	10:48 AM	Women's Windsurfing Races 13-16
Thu, Aug 1	6:15 AM	Men's Dinghy Races 1-2
Thu, Aug 1	8:43 AM	Men's Skiff Medal Race
Thu, Aug 1	9:03 AM	Women's Windsurfing Races 17-20
Thu, Aug 1	9:35 AM	Women's Dinghy Races 1-2
Thu, Aug 1	9:43 AM	Women's Skiff Medal Race
Thu, Aug 1	9:53 AM	Men's Windsurfing Races 17-20
Fri, Aug 2	6:05 AM	Mixed Dinghy Races 1-2
Fri, Aug 2	6:15 AM	Women's Dinghy Races 3-4
Fri, Aug 2	8:03 AM	Women's Windsurfing Finals
Fri, Aug 2	8:23 AM	Men's Windsurfing Finals
Fri, Aug 2	9:35 AM	Men's Dinghy Races 3-4
Sat, Aug 3	6:15 AM	Men's Dinghy Races 5-6
Sat, Aug 3	8:25 AM	Women's Dinghy Races 5-6
Sat, Aug 3	9:45 AM	Mixed Multihull Races 1-3
Sat, Aug 3	11:05 AM	Mixed Dinghy Races 3-4
Sun, Aug 4	6:05 AM	Men's Dinghy Races 7-8
Sun, Aug 4	6:05 AM	Mixed Multihull Races 4-6

Date	Time	Event
Sun, Aug 4	6:13 AM	Men's Kite Races 1-4
Sun, Aug 4	6:33 AM	Women's Kite Races 1-4
Sun, Aug 4	8:35 AM	Women's Dinghy Races 7-8
Sun, Aug 4	11:05 AM	Mixed Dinghy Races 5-6
Mon, Aug 5	6:03 AM	Women's Kite Races 5-8
Mon, Aug 5	6:05 AM	Mixed Multihull Races 7-9
Mon, Aug 5	6:13 AM	Men's Kite Races 5-8
Mon, Aug 5	6:15 AM	Women's Dinghy Races 9-10
Mon, Aug 5	8:40 AM	Men's Dinghy Races 9-10
Mon, Aug 5	11:05 AM	Mixed Dinghy Races 7-8
Tue, Aug 6	6:03 AM	Men's Kite Races 9-12
Tue, Aug 6	6:13 AM	Women's Kite Races 9-12
Tue, Aug 6	6:15 AM	Mixed Dinghy Races 9-10
Tue, Aug 6	8:43 AM	Women's Dinghy Medal Race
Tue, Aug 6	9:05 AM	Mixed Multihull Races 10-12
Tue, Aug 6	9:43 AM	Men's Dinghy Medal Race
Wed, Aug 7	6:13 AM	Women's Kite Races 13-16
Wed, Aug 7	6:23 AM	Men's Kite Races 13-16
Wed, Aug 7	8:43 AM	Mixed Multihull Medal Race
Wed, Aug 7	9:43 AM	Mixed Dinghy Medal Race
Thu, Aug 8	6:13 AM	Men's Kite Finals
Thu, Aug 8	7:13 AM	Women's Kite Finals



