

The goal of taekwondo is to score more points than the opponent

by landing various strikes to the opponent. 5 points are awarded

for a turning kick to the head, 4 points for a turning kick to the trunk protector, 3 points for a regular kick to the head, 2 points for kick to the trunk protector, and 1 point for a valid punch to the trunk protector.

A competitor may also receive a point if their opponent commits a penalty such as falling down, delaying the match, or delivering a punch somewhere other than the trunk protector.

Electronic sensors in an athlete's equipment actually measure whether a kick or punch has enough force of impact to score points.

A match consists of three 2-minute rounds. In the Paris Games, the competition has changed to a best-of-three round competition rather than the total number of points at the end of a match. In the event of a knockout, the match is automatically over.

The athletes in the eight different weight classes are placed into a bracket (shown on upcoming pages) and the winner of each bracket wins the gold medal. There actually two bronze medals awarded per weight class. The two semifinal losers will face off against the repechage round winners.

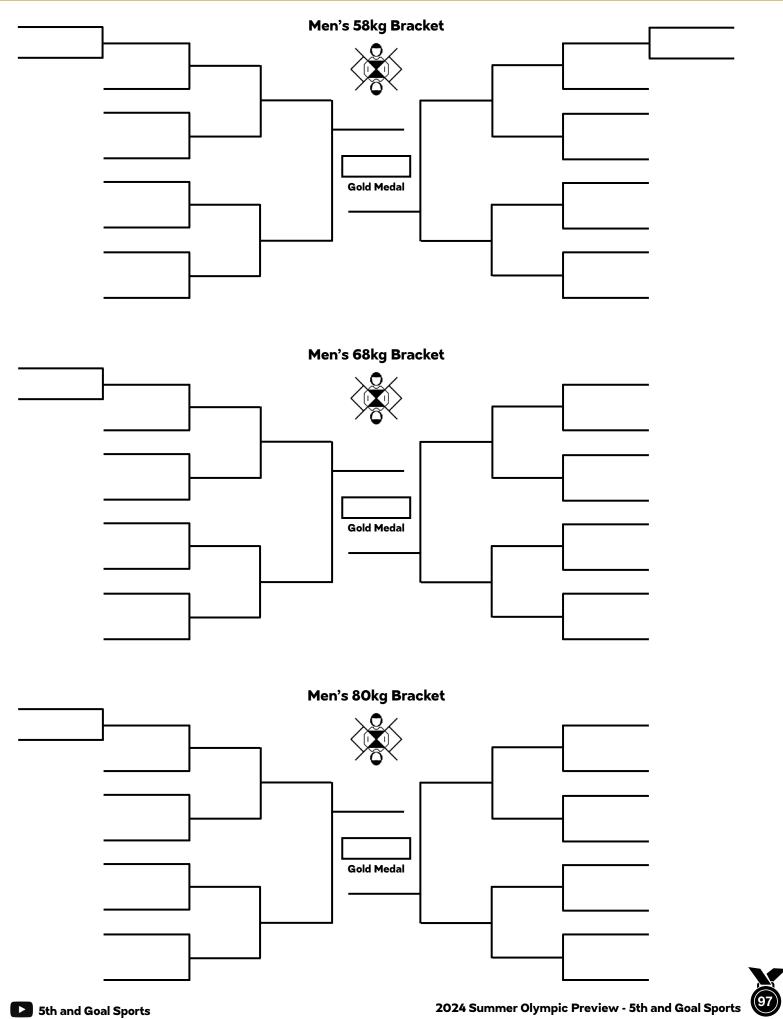
## **Taekwondo Schedule**

Events in ET, medal events in **bold** 

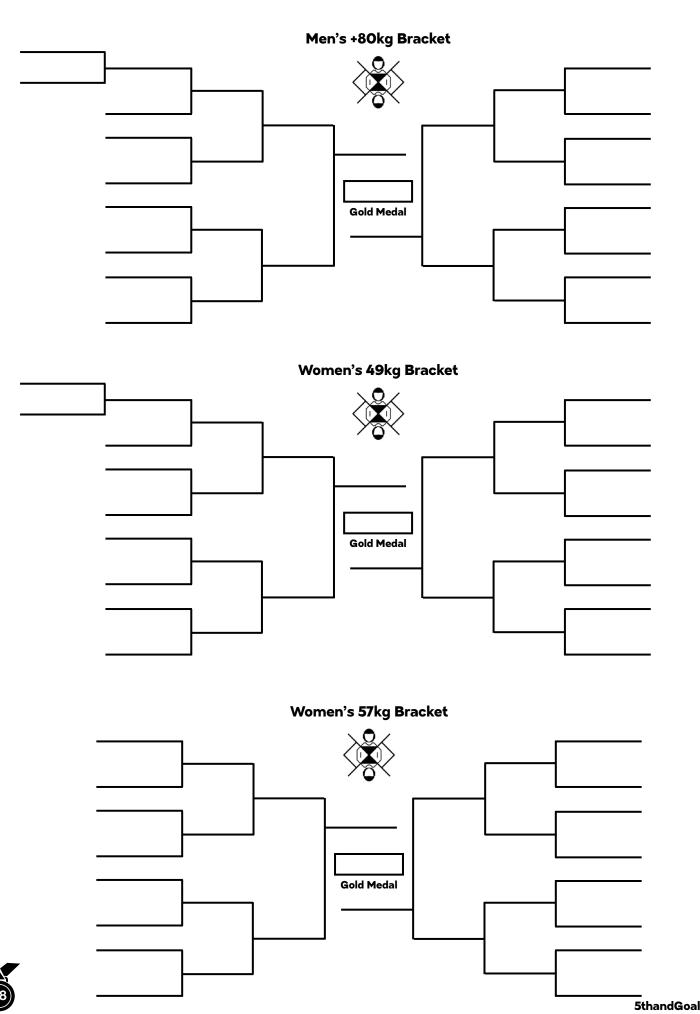
Date	Time	Event
Wed, Aug 7	3:00 AM	M 58kg/W 49kg Round of 32
Wed, Aug 7	3:33 AM	M 58kg/W 49kg Round of 16
Wed, Aug 7	8:30 AM	M 58kg/W 49kg QFs
Wed, Aug 7	10:21 AM	M 58kg/W 49kg Semis
Wed, Aug 7	1:30 PM	M 58kg/W 49kg Repechages
Wed, Aug 7	2:19 PM	W 49kg Bronze Contests
Wed, Aug 7	2:34 PM	M 58kg Bronze Contests
Wed, Aug 7	3:19 PM	W 49kg Gold Contest
Wed, Aug 7	3:37 PM	M 58kg Gold Contest
Thu, Aug 8	3:00 AM	M 68kg Round of 32
Thu, Aug 8	3:09 AM	M 68kg/W 57kg Round of 16
Thu, Aug 8	8:30 AM	M 68kg/W 57kg QFs
Thu, Aug 8	10:11 AM	M 68kg/W 57kg Semis
Thu, Aug 8	1:30 PM	M 68kg/W 57kg Repechages
Thu, Aug 8	2:19 PM	M 68kg Bronze Contests
Thu, Aug 8	2:34 PM	W 57kg Bronze Contests
Thu, Aug 8	3:19 PM	M 68kg Gold Contest
Thu, Aug 8	3:37 PM	W 57kg Gold Contest

Date	Time	Event	
Fri, Aug 9	3:00 AM	M 80kg Round of 32	
Fri, Aug 9	3:09 AM	M 80kg/W 67kg Round of 16	
Fri, Aug 9	8:30 AM	M 80kg/W 67kg QFs	
Fri, Aug 9	10:11 AM	M 80kg/W 67kg Semis	
Fri, Aug 9	1:30 PM	M 80kg/W 67kg Repechages	
Fri, Aug 9	2:19 PM	W 67kg Bronze Contests	
Fri, Aug 9	2:34 PM	M 80kg Bronze Contests	
Fri, Aug 9	3:19 PM	W 67kg Gold Contest	
Fri, Aug 9	3:37 PM	M 80kg Gold Contest	
Sat, Aug 10	3:00 AM	M +80kg Round of 32	
Sat, Aug 10	3:09 AM	M +80kg/W +67kg Round of 16	
Sat, Aug 10	8:30 AM	M +80kg/W +67kg QFs	
Sat, Aug 10	10:21 AM	M +80kg/W +67kg Semis	
Sat, Aug 10	1:30 PM	M +80kg/W +67kg Repechages	
Sat, Aug 10	2:19 PM	W +67kg Bronze Contests	
Sat, Aug 10	2:34 PM	M +80kg Bronze Contests	
Sat, Aug 10	3:19 PM	W +67kg Gold Contest	
Sat, Aug 10	3:37 PM	M +80kg Gold Contest	



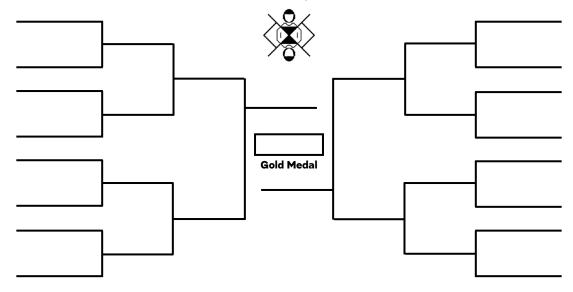


2024 Summer Olympic Preview - 5th and Goal Sports



5thandGoalSports.com





Women's +67kg Bracket

