



Rugby Sevens Events (2)

Men's



Women's

How Olympic Rugby Sevens Works

Rugby Sevens is a variation of the sport of rugby. This sport gets its name from the game's seven-on-seven format.

The goal of rugby sevens is to outscore the opposing team over two seven-minute quarters.

There are several ways to score in rugby sevens. The team with the ball tries to touch the ball on the ground past the *try line* for a **try**, which is worth 5 points. The team can move the ball down the field by running with the ball, kicking it, or passing the ball as long as the pass is not a forward pass.

Once a team scores a try, they can attempt a **conversion**. The conversion is a kick that can be taken at any distance so long as the kick takes place in a direct line back from where the try was scored.

A team can also attempt a **drop goal** during the run of play which is worth 3 points if the ball goes through the uprights. A **penalty kick** could be awarded if a foul occurs and that kick is also worth three points.

Defenders are allowed to tackle the player with the ball. Once tackled, the player must give up possession of the ball. Typically, a teammate is very close by and can take the ball from the tackled player, but the defense is allowed to grab the ball too. If both teams are fighting for a loose ball, a *ruck* can form.

If the ball goes out of play, the game is typically restarted with a *line out*. Players on a team will often lift a teammate up into the air to receive the throw since it is illegal for the opposing team to make contact with the line-out formation.

If the ball is moved forward illegally (either by a pass or a deflection), play is resumed with a *scrum*. In the scrum, the two teams interlock arms. The ball is rolled between the two teams and the teams attempt to kick the ball backwards to a teammate located outside of the scrum formation. Typically, the team who rolls the ball in the scrum ends up with possession.







Photo via Reuters

Tournament Format





The event begins with **group play**. The 12 teams are divided into three groups and each team will compete against the other three teams in their group. A team earns three points with a win, one point for a draw, and no points for a loss. The top two teams in each group advance to the quarterfinals (as well as the top two third-place teams) and the competition then shifts to a single-elimination bracket to determine the winner.

Men's Group A

IRL JPN NZL RSA

Men's Group B

ARG AUS KEN SAM





Men's Group C






FIJ FRA URU USA

Women's Group A

CAN CHN FIJ NZL





Women's Group B






AUS GBR IRL RSA

Women's Group C

BRA FRA JPN USA

Men's Rugby Sevens Schedule

Events in ET, medal events in **bold**, **Team USA in blue**

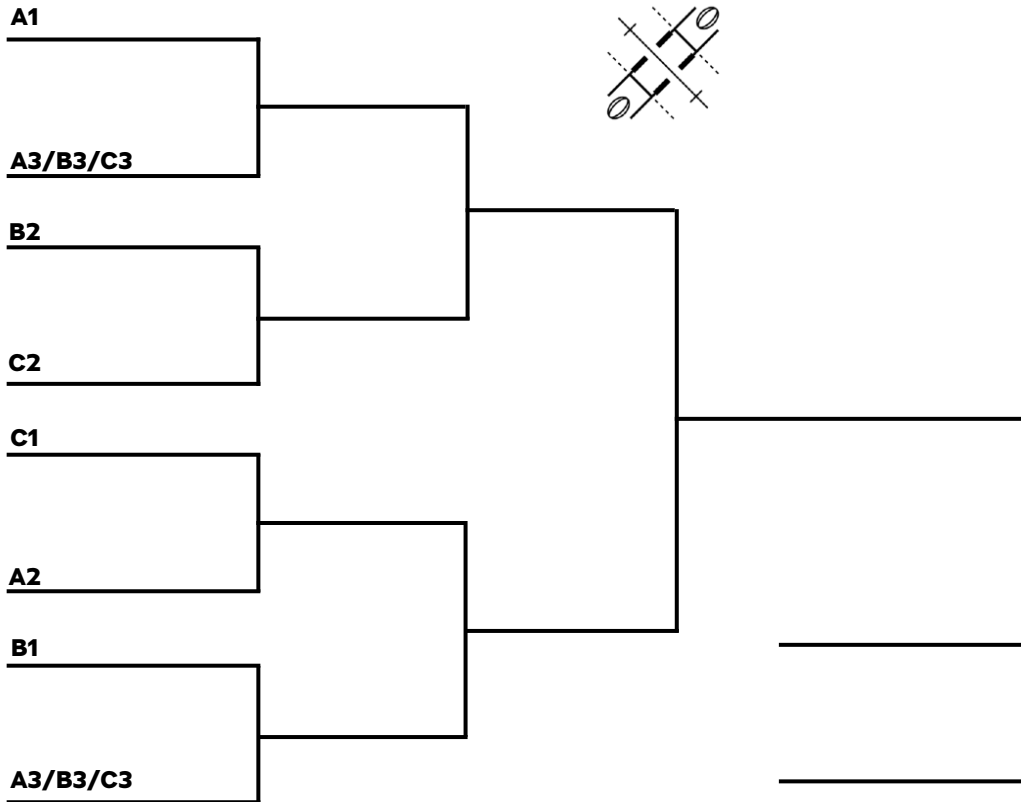
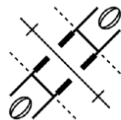
Date	Time	Group	Event
Wed, July 24	9:30 AM	B	Australia vs. Samoa
Wed, July 24	10:00 AM	B	Argentina vs. Kenya
Wed, July 24	10:30 AM	C	France vs. United States
Wed, July 24	11:00 AM	C	Fiji vs. Uruguay
Wed, July 24	11:30 AM	A	Ireland vs. South Africa
Wed, July 24	12:00 PM	A	New Zealand vs. Japan
Wed, July 24	1:00 PM	B	Australia vs. Kenya
Wed, July 24	1:30 PM	B	Argentina vs. Samoa
Wed, July 24	2:00 PM	C	France vs. Uruguay
Wed, July 24	2:30 PM	C	Fiji vs. United States
Wed, July 24	3:00 PM	A	Ireland vs. Japan
Wed, July 24	3:30 PM	A	New Zealand vs. South Africa
Thu, July 25	8:00 AM	B	Samoa vs. Kenya
Thu, July 25	8:30 AM	B	Argentina vs. Australia
Thu, July 25	9:00 AM	C	United States vs. Uruguay
Thu, July 25	9:30 AM	C	Fiji vs. France
Thu, July 25	10:00 AM	A	South Africa vs. Japan
Thu, July 25	10:30 AM	A	New Zealand vs. Ireland
Thu, July 25	2:00 PM		Placement Match
Thu, July 25	2:30 PM		Placement Match
Thu, July 25	3:00 PM		Quarterfinal #1 (1A vs. 3A/3B/3C)
Thu, July 25	3:30 PM		Quarterfinal #2 (2B vs. 2C)
Thu, July 25	4:00 PM		Quarterfinal #3 (C1 vs. 2A)
Thu, July 25	4:30 PM		Quarterfinal #4 (1B vs. 3A/3B/3C)
Sat, July 27	8:30 AM		Placement Match
Sat, July 27	9:00 AM		Placement Match
Sat, July 27	9:30 AM		Semifinal #1
Sat, July 27	10:00 AM		Semifinal #2
Sat, July 27	10:30 AM		Placement Match
Sat, July 27	11:00 AM		Placement Match
Sat, July 27	12:00 PM		Placement Match
Sat, July 27	12:30 PM		Placement Match
Sat, July 27	1:00 PM		Bronze Medal Match
Sat, July 27	1:45 PM		Gold Medal Match

Women's Rugby Sevens Schedule

Events in ET, medal events in **bold**, **Team USA in blue**

Date	Time	Group	Event
Sun, July 28	9:30 AM	B	Ireland vs. Great Britain
Sun, July 28	10:00 AM	B	Australia vs. South Africa
Sun, July 28	10:30 AM	C	United States vs. Japan
Sun, July 28	11:00 AM	C	France vs. Brazil
Sun, July 28	11:30 AM	A	Fiji vs. Canada
Sun, July 28	12:00 PM	A	New Zealand vs. China
Sun, July 28	1:00 PM	B	Ireland vs. South Africa
Sun, July 28	1:30 PM	B	Australia vs. Great Britain
Sun, July 28	2:00 PM	C	United States vs. Brazil
Sun, July 28	2:30 PM	C	France vs. Japan
Sun, July 28	3:00 PM	A	Fiji vs. China
Sun, July 28	3:30 PM	A	New Zealand vs. Canada
Mon, July 29	8:00 AM	B	Great Britain vs. South Africa
Mon, July 29	8:30 AM	B	Australia vs. Ireland
Mon, July 29	9:00 AM	C	Japan vs. Brazil
Mon, July 29	9:30 AM	C	France vs. United States
Mon, July 29	10:00 AM	A	Canada vs. China
Mon, July 29	10:30 AM	A	New Zealand vs. Fiji
Mon, July 29	2:00 PM		Placement Match
Mon, July 29	2:30 PM		Placement Match
Mon, July 29	3:00 PM		Quarterfinal #1 (1A vs. 3A/3B/3C)
Mon, July 29	3:30 PM		Quarterfinal #2 (2B vs. 2C)
Mon, July 29	4:00 PM		Quarterfinal #3 (C1 vs. 2A)
Mon, July 29	4:30 PM		Quarterfinal #4 (1B vs. 3A/3B/3C)
Tue, July 30	8:30 AM		Placement Match
Tue, July 30	9:00 AM		Placement Match
Tue, July 30	9:30 AM		Semifinal #1
Tue, July 30	10:00 AM		Semifinal #2
Tue, July 30	10:30 AM		Placement Match
Tue, July 30	11:00 AM		Placement Match
Tue, July 30	12:00 PM		Placement Match
Tue, July 30	12:30 PM		Placement Match
Tue, July 30	1:00 PM		Bronze Medal Match
Tue, July 30	1:45 PM		Gold Medal Match

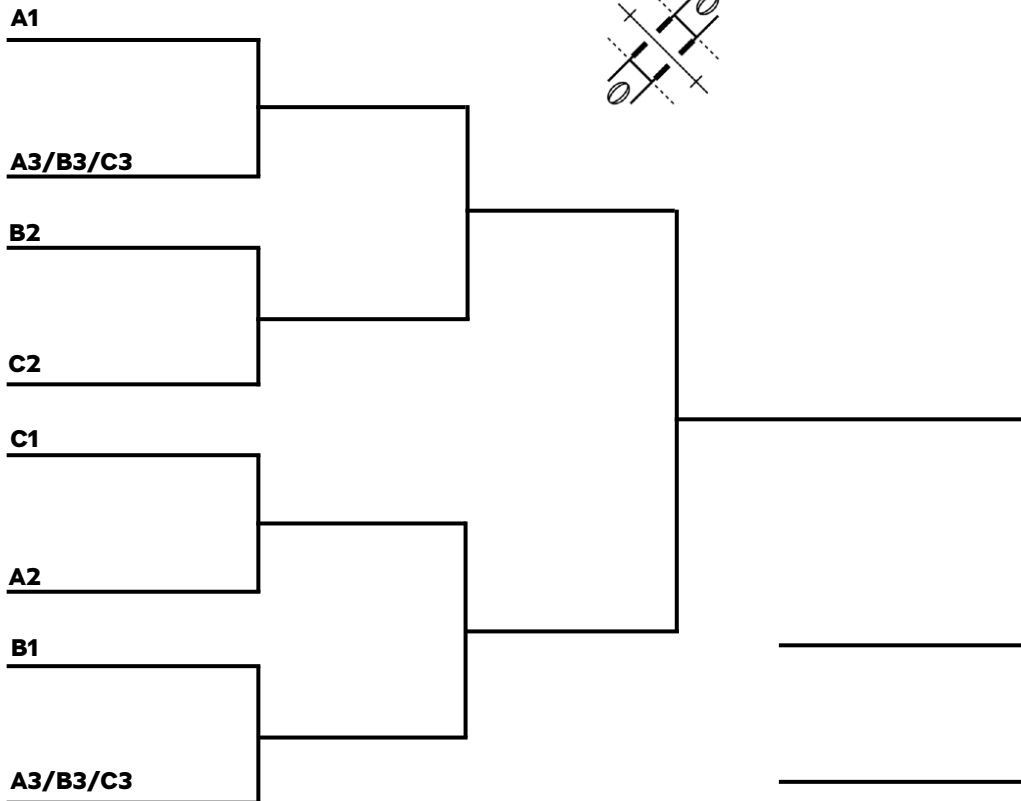
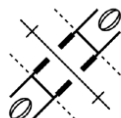
Men's Bracket



2020 Results

- Gold Medal: FIJI
- Silver Medal: NEW ZEALAND
- Bronze Medal: ARGENTINA

Women's Bracket



2020 Results

- Gold Medal: NEW ZEALAND
- Silver Medal: FRANCE
- Bronze Medal: FIJI