Wrestling



2024 Paris Olympics



Wrestling Events (18)

Men's Greco-Roman 60kg Men's Greco-Roman 67kg Men's Greco-Roman 77kg Men's Greco-Roman 87kg Men's Greco-Roman 97kg Men's Greco-Roman 130kg

Photo via swimming.org

Women's Freestyle 50kg Women's Freestyle 53kg Women's Freestyle 57kg Women's Freestyle 62kg Women's Freestyle 68kg Women's Freestyle 76kg

How Olympic Wrestling Works

The goal of wrestling is to score more points than the opponent over two 3-minute periods.

Points can be scored by accomplishing the following actions:

5 points - Completing a "grand amplitude" throw which occurs when the opponent is picked up completely off the ground and thrown to the ground with force.

4 points - Completing a throw that uses force but doesn't fulfill the criteria for a 5-point throw.

2 points - Completing a takedown, rolling an opponent on their shoulders, or exposing the opponent's back to the mat.

1 point - Awarded when an opponent commits an infraction or penalty such as stepping out of the ring or illegal contact.

The match ends immediately if a wrestler completes a pin, where an opponent's shoulder blades are pinned to the mat.



Freestyle vs. Greco-Roman

Olympic Wrestling utilizes two styles: Freestyle and Greco-Roman. The main difference between the two is that in Greco-Roman, a wrestler can't attack below the waist or use his legs to trip or execute a hold. The women's competition utilizes only freestyle wrestling.

Wrestlers are broken down into the weight classes shown above and a bracket determines the gold medalist. Generally speaking, the tournament is single elimination, but there is a repechage round which factors into the bronze medal competition (two bronze medals awarded per weightless). The losers of the guarterfinal round will play in the repechage round. The winners of the repechage round will play the losers of the semifinals and the winner of those two contests each claim a bronze medal.

Wrestling Schedule

Events in ET, medal events in **bold**

Session 1 - Monday, August 5 (9:00 AM)

Men's Greco-Roman 60kg Round of 32 - Women's 68kg Round of 16 & Quarterfinals - Men's Greco-Roman 130kg Round of 16 & Quarterfinals -Men's Greco-Roman 60kg Round 16 & Quarterfinals

Session 2 - Monday, August 5 (3:00 PM)

Men's Greco-Roman 60kg Semifinals - Men's Greco-Roman 130kg Semifinals - Women's 68kg Semifinals

Session 3 - Tuesday, August 6 (5:00 AM)

Men's Greco-Roman 60kg Repechage - Men's Greco-Roman 130kg Repechage - Women's 68kg Repechage - Men's Greco-Roman 77kg Round of 16 & Quarterfinals -Women's 50kg Round of 16 & Quarterfinals - Men's Greco-Roman 97kg Round of 16 & Quarterfinals

Session 4 - Tuesday, August 6 (12:15 PM)

Men's Greco-Roman 77kg Semifinals - Men's Greco-Roman 97kg Semifinals - Women's 50kg Semifinals - Men's Greco-Roman 60kg Medal Matches -Men's Greco-Roman 130kg Medal Matches - Women's 68kg Medal Matches

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Wrestling Schedule (cont.)

Events in ET, medal events in bold

Session 5 - Tuesday, August 6 (5:00 AM)

Men's Greco-Roman 60kg Repeechage - Men's Greco-Roman 130kg Repechage - Women's 68kg Repechage - Men's Greco-Roman 77kg Round of 16 & Quarterfinals - Women's 50kg Round of 16 & Quarterfinals - Men's Greco-Roman 97kg Round of 16 & Quarterfinals

Session 6 - Tuesday, August 6 (12:15 PM)

Men's Greco-Roman 77kg Semifinals - Men's Greco-Roman 97kg Semifinals - Women's 50kg Semifinals - Men's Greco-Roman 60kg Medal Matches - Men's Greco-Roman 130kg Medal Matches - Women's 68kg Medal Matches

Session 7 - Wednesday, August 7 (5:00 AM)

Men's Greco-Roman 77kg Repechage - Men's Greco-Roman 97kg Repechage - Women's 50kg Repechage - Men's Greco-Roman 67kg Round of 16 & Quarterfinals - Women's 53kg Round of 16 & Quarterfinals - Men's Greco-Roman 87kg Round of 16 & Quarterfinals

Session 8 - Wednesday, August 7 (12:15 PM)

Men's Greco-Roman 67kg Semifinals - Men's Greco-Roman 87kg Semifinals - Women's 53kg Semifinals - Men's Greco-Roman 77kg Medal Matches - Men's Greco-Roman 97kg Medal Matches - Women's 50kg Medal Matches

Session 9 - Thursday, August 8 (5:00 AM)

Men's Greco-Roman 67kg Repechage - Men's Greco-Roman 87kg Repechage - Women's 53kg Repechage - Men's Freestyle 57kg Round of 16 & Quarterfinals - Women's 57kg Round of 16 & Quarterfinals - Men's Freestyle 86kg Round of 16 & Quarterfinals

Session 10 - Thursday, August 8 (12:15 PM)

Men's Freestyle 57kg Semifinals - Men's Freestyle 86kg Semifinal - Women's 57kg Semifinals - Men's Greco-Roman 67kg Medal Matches - Men's Greco-Roman 87kg Medal Matches - Women's 53kg Medal Matches

Session 11 - Friday, August 9 (5:00 AM)

Men's Freestyle 57kg Repechage - Men's Freestyle 86kg Repechage - Women's Freestyle 57kg Repechage - Men's Freestyle 74kg Round of 32, Round of 16, & Quarterfinals - Women's Freestyle 62kg Round of 16 & Quarterfinals - Men's Freestyle 125kg Round of 16 & Quarterfinals

Session 12 - Friday, August 9 (12:15 PM)

Men's Freestyle 74kg Semifinals - Men's Freestyle 125kg Semifinals - Women's Freestyle 62kg Semifinals - Men's Freestyle 57kg Medal Matches - Men's Freestyle 86kg Medal Matches - Women's 57kg Medal Matches

Session 13 - Saturday, August 10 (5:00 AM)

Men's Freestyle 74kg Repechage - Men's Freestyle 125kg Repechage - Women's Freestyle 62kg Repechage - Men's Freestyle 65kg Round of 16 & Quarterfinals - Women's 76kg Round of 16 & Quarterfinals - Men's Freestyle 97kg Round of 16 & Quarterfinals

Session 14 - Saturday, August 10 (12:15 PM)

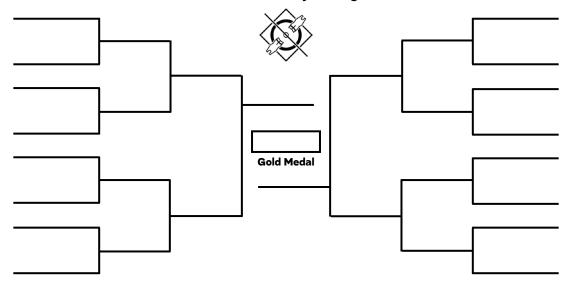
Men's Freestyle 65kg Semifinals - Men's Freestyle 97kg Semifinals - Women's 76kg Semifinals - Men's Freestyle 74kg Medal Matches - Men's Freestyle 125kg Medal Matches - Women's 62kg Medal Matches

Session 15 - Sunday, August 11 (5:00 AM)

Men's Freestyle 65kg Repechage - Men's Freestyle 97kg Repechage - Women's 76kg Repechage - Men's Freestyle 65kg Medal Matches - Men's Freestyle 97kg Medal Matches - Women's 76kg Medal Matches

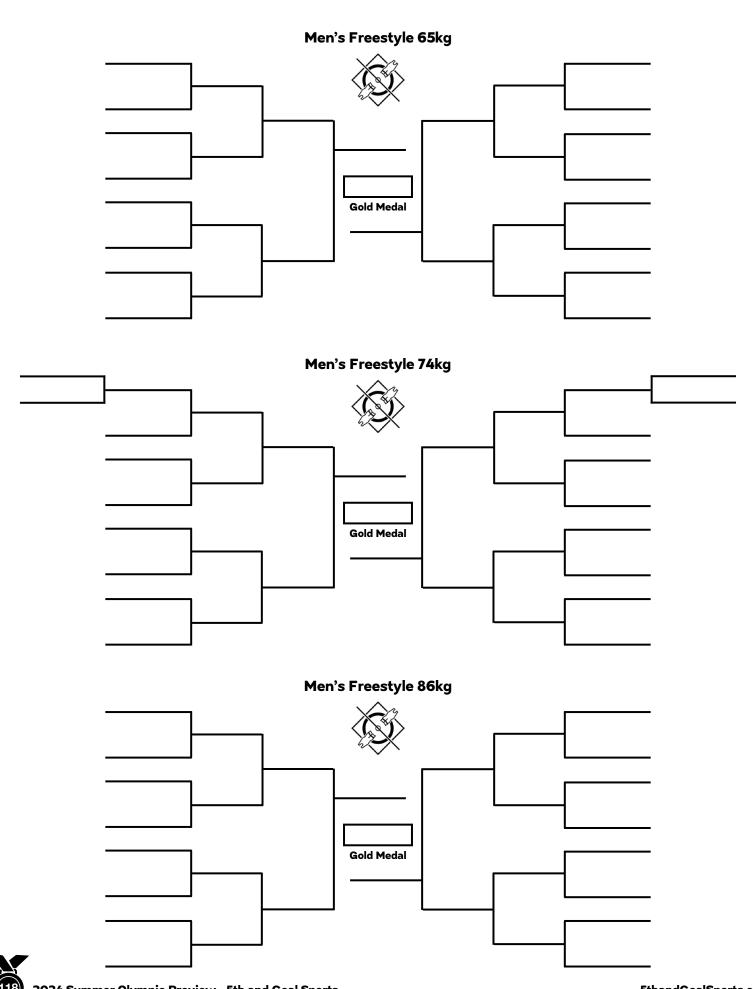
Brackets

Men's Freestyle 57kg



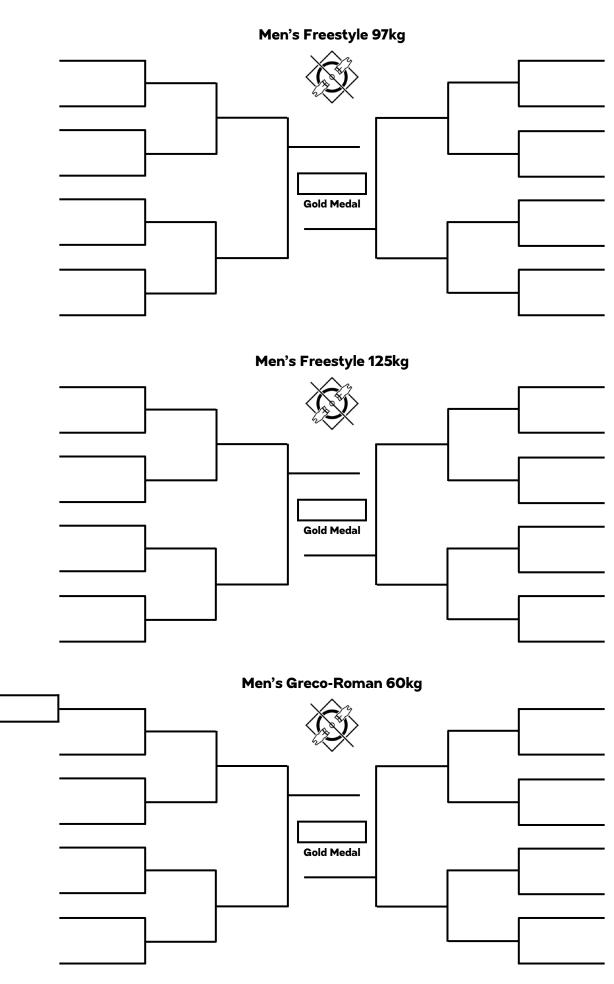




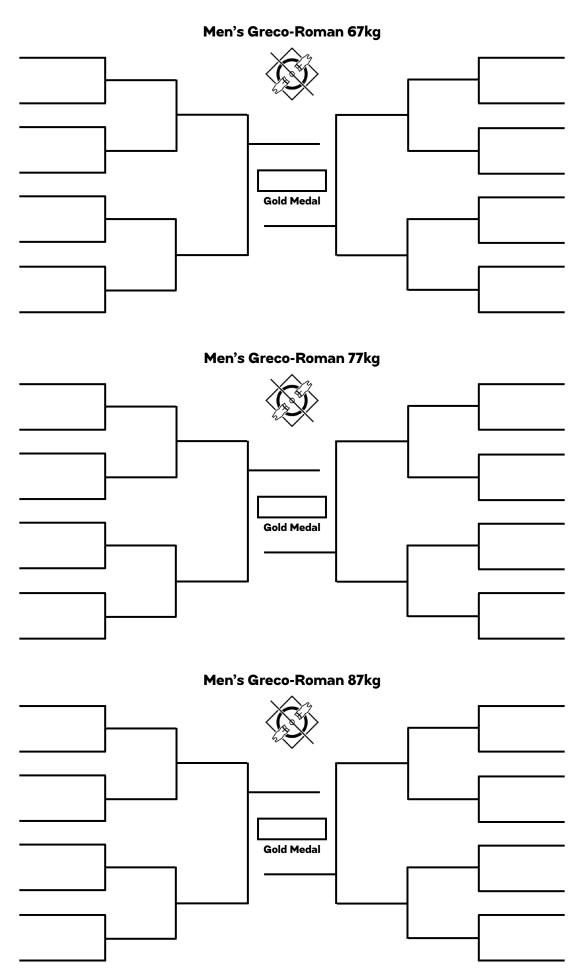


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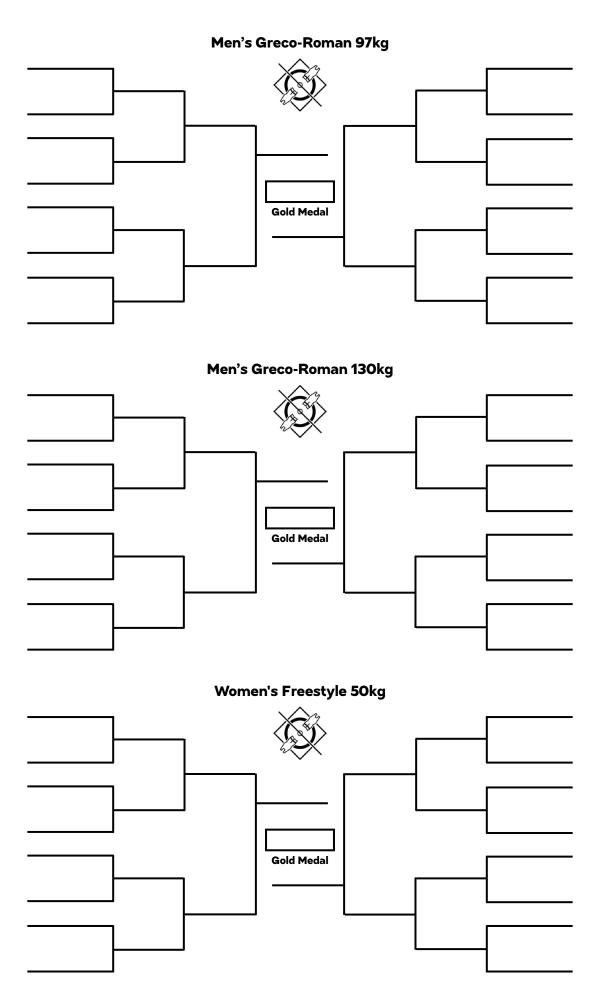


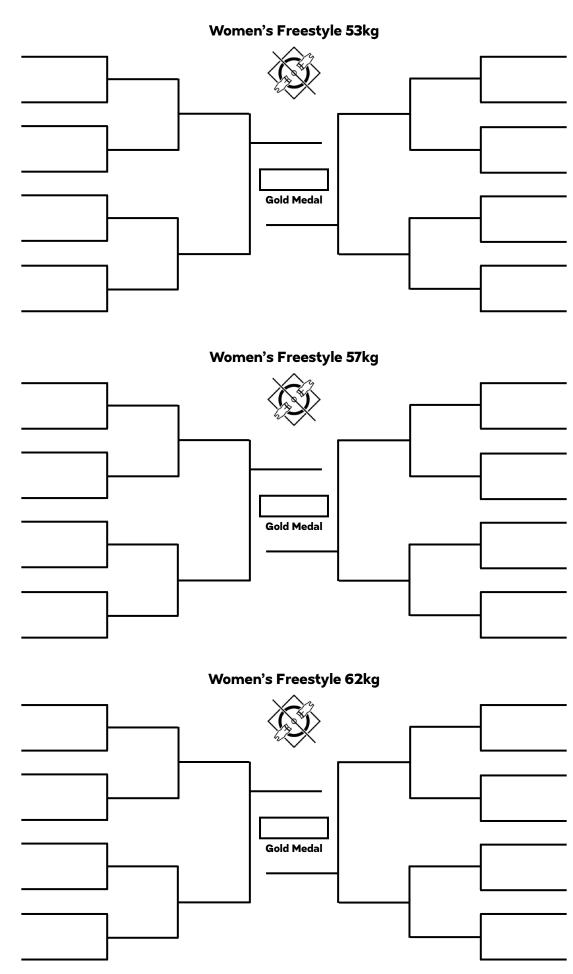




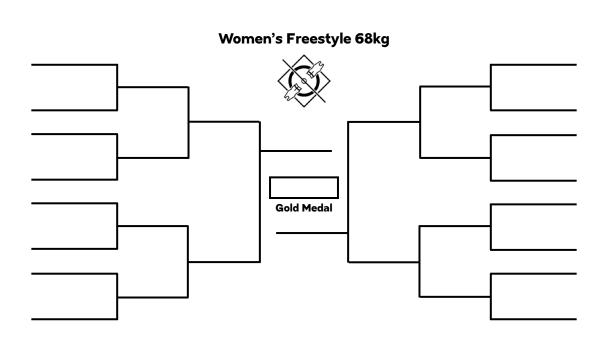
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Women's Freestyle 76kg

