

How Olympic Artistic Gymnastics Works

Gymnasts in artistic gymnastics compete by completing routines on various apparatuses. Even though each apparatus is unique, the scoring system used is the same. The eight-most difficult elements in the routine receive points. Each element receives a *difficulty score* as well as an *execution score* that starts at 10 points and is reduced for errors. The difficulty and execution scores are added together for the final score.

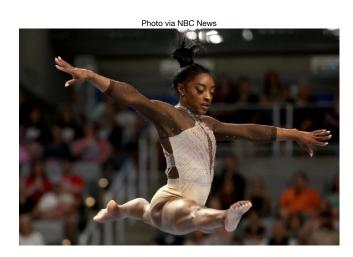
Traditionally, the event that gets the most attention on the national stage is the **all-around** event. The women's all-around event is made up of four rotations with one apparatus being used per rotation. Those rotations are the vault, uneven bars, balance beam, and the floor routine for the women's competition.

In the individual all-around event, each gymnast completes the four rotations and the scores are added together to give a total score for the event. The gymnast with the highest score wins the gold medal.

As gymnasts complete the rotations in the individual all-around, they can simultaneously qualify for the finals of their respective individual events if they can produce a good score. The exception to this rule is the men's and women's vault events since the qualification for the individual vault event requires two jumps (only one vault attempt is completed in the all-around).

In the team all-around event, teams are made up of four gymnasts. In the qualification round, the best three scores out of four on each apparatus are added together. The top teams make the finals. In the finals, only three athletes compete on each apparatus instead of four, and all of the scores are used in the total score for the team all-around. The team with the most points at the end of the four rotation (or six rotations for the men's event).

The competition format is the same for the men's individual and men's team all-around events with the major exception being the apparatuses used. In addition to the vault and the floor routine, the men use the pommel horse, rings, parallel bars, and the horizontal bar.



G.O.A.T. Watch

No, the Tokyo Games didn't go according to plan for Simone Biles, but all she has done is win again and again since that 2021 disappointment. She has remained at the top of the sport and is already the greatest of all time, anything she adds in 2024 is just icing on the cake. She has multiple moves named after her (including one that the Olympics all-butbanned for being too dangerous to even attempt).



Artistic Gymnastics Schedule

Events in ET, medal events in **bold**

| Date | Time | Event |
|--------------|----------|----------------------------|
| Sat, July 27 | 5:00 AM | Men's Qualification |
| Sat, July 27 | 9:30 AM | Men's Qualification |
| Sat, July 27 | 2:00 PM | Men's Qualification |
| Sun, July 28 | 3:30 AM | Women's Qualification |
| Sun, July 28 | 5:40 AM | Women's Qualification |
| Sun, July 28 | 8:50 AM | Women's Qualification |
| Sun, July 28 | 12:00 PM | Women's Qualification |
| Sun, July 28 | 3:10 PM | Women's Qualification |
| Mon, July 29 | 11:30 AM | Men's Team Final |
| Tue, July 30 | 12:15 PM | Women's Team Final |
| Wed, July 31 | 11:30 AM | Men's All-Around Final |
| Thu, Aug 1 | 12:15 PM | Women's All-Around Final |
| Sat, Aug 3 | 9:30 AM | Men's Floor Final |
| Sat, Aug 3 | 10:20 AM | Women's Vault Final |
| Sat, Aug 3 | 11:16 AM | Men's Pommel Horse Final |
| Sun, Aug 4 | 9:00 AM | Men's Rings Final |
| Sun, Aug 4 | 9:40 AM | Women's Uneven Bars Final |
| Sun, Aug 4 | 10:24 AM | Men's Vault Final |
| Mon, Aug 5 | 5:45 AM | Men's Parallel Bars Final |
| Mon, Aug 5 | 6:38 AM | Women's Balance Beam Final |
| Mon, Aug 5 | 7:33 AM | Men's Horizontal Bar Final |
| Mon, Aug 5 | 8:23 AM | Women's Floor Final |

Photo via Paris 2024



Parallel Bars



Horizontal Bars

Photo via The Independent



Balance Beam





Vault





Floor



Pommel Horse



Rings

