



## Swimming Events (35)

Photos via Stack.com, The New Yorker, SwimSwam, NBC News



**Freestyle**

50m 100m 200m 400m 800m 1500m  
4x100 4x200



**Breaststroke**

100m 200m



**Butterfly**

100m 200m



**Backstroke**

100m 200m

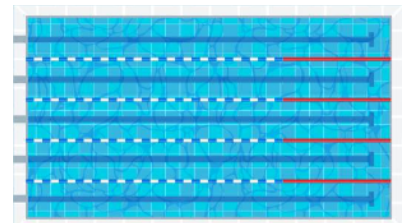
### Medleys:

200m Individual Medley 400m Individual Medley Men's 4x100m Medley Women's 4x100m Medley Mixed 4x100m Medley

## How Olympic Swimming Works

There are 35 different Olympic swimming events all centered around the four kinds of swimming strokes pictured above. Depending on the event, the competition starts with "heats" where the number of swimmers will be trimmed down and the same process repeats in the semifinals. The medals are awarded on the results of the final race for each respective event.

There are a handful of "sessions" at the 2024 Paris Olympic Games that will feature a variety of events in each time slot. Check out the schedule to see when all of the events (and the medal contests) will take place!



Olympic Pool Length - 50 Meters

## Swimming Schedule

Events in ET, medal events in **bold**

### Session 1 - Saturday, July 27 - 5:00 AM

W 100m Fly Heats - W 400m Free Heats - M 100m Breaststroke Heats - M 400m Free Heats - W 4x100m Free Relay Heats - M 4x100m Free Relay Heats

### Session 2 - Saturday, July 27 - 2:30 PM

W 100m Fly Semis - **M 400m Free Final** - **W 400m Free Final** - M 100m Breaststroke Semis - **W 4x100 Free Relay Final** - **M 4x100 Free Relay Final**

### Session 3 - Sunday, July 28 - 5:00 AM

M 200m Free Heats - M 400m Ind Medley Heats - W 100m Breaststroke Heats - M 100m Back Heats - W 200m Free Heats

### Session 4 - Sunday, July 28 - 2:30 PM

**M 400m Ind Medley Final** - **W 100m Fly Final** - M 200m Free Semis - W 100m Breaststroke Semis - M 100m Back Semis - **M 100m Breaststroke Final** - W 200m Free Semis

### Session 5 - Monday, July 29 - 5:00 AM

W 400m Ind Medley Heats - W 100m Back Heats - M 800m Free Heats

### Session 6 - Monday, July 29 - 2:30 PM

**W 400m Ind Medley Final** - **M 200m Free Final** - W 100m Back Semis - **M 100m Back Final** - **W 100m Breaststroke Final** - W 200m Free Final

### Session 7 - Tuesday, July 30 - 5:00 AM

M 200 Fly Heats - M 100m Free Heats - W 1500m Free Heats - W 100m Free Heats - M 200m Breaststroke Heats - M 4x200m Free Relay Heats

### Session 8 - Tuesday, July 30 - 2:30 PM

M 100m Free Semis - M 200m Fly Semis - **W 100m Back Final** - **M 800m Free Final** - W 100m Free Semis - M 200m Breaststroke Semis - **M 4x200m Free Relay Final**

### Session 9 - Wednesday, July 31 - 5:00 AM

W 200m Breaststroke Heats - M 200m Back Heats - W 200m Fly Heats

### Session 10 - Wednesday, July 31 - 2:30 PM

**W 100m Free Final** - **M 200m Fly Final** - W 200m Fly Semis - **W 1500m Free Final** - M 200m Back Semis - W 200m Breaststroke Semifinals - **M 200m Breaststroke Final** - **M 100m Free Final**

### 2020 Swimming Medal Count



**USA - 30**



**AUS - 21**



**GBR - 8**

### All-Time Gold Medal Count



**USA - 257**



**AUS - 69**



**HUN - 28**

## Swimming Schedule (cont.)

Events in ET, medal events in **bold**

### Session 11 - Thursday, August 1 - 5:00 AM

W 200m Back Heats - M 50m Free Heats - M 200m Ind Medley heats - W 4x200m Free Relay Heats

### Session 12 - Thursday, August 1 - 2:30 PM

**W 200m Fly Final - M 200m Back Final** - M 50m Free Semis - **W 200m Breaststroke Final** - W 200m Back Semis - M 200m Ind Medley Semis - **W 4x200m Free Relay Final**

### Session 13 - Friday, August 2 - 5:00 AM

M 100m Fly Heats - W 200m Ind Medley Heats - W 800m Free Heats - Mixed 4x100m Medley Relay Heats

### Session 14 - Friday, August 2 - 2:30 PM

**M 50m Free Final - W 200m Back Final - M 200m Ind Medley Final** - M 100m Fly Semis - **W 200m Ind Medley Semis**

### Session 15 - Saturday, August 3 - 5:00 AM

W 50m Free Heats - M 1500m Free Heats - M 4x100m Medley Relay Heats - W 4x100m Medley Relay Heats

### Session 16 - Saturday, August 3 - 2:30 PM

**M 100m Fly Final - W 50m Free Semis - W 200m Ind Medley Final - W 800m Free Final - Mixed 4x100m Medley Relay Final**

### Session 17 - Sunday, August 4 - 12:30 PM

**W 50m Free Final - M 1500m Free Final - M 4x100m Medley Relay Final - W 4x100m Medley Relay Final**



#### G.O.A.T. WATCH - Katie Ledecky

In 2012, Katie Ledecky announced her presence on the world stage when she claimed gold in the 800m freestyle during the London Summer Olympics at just 15 years old. Her final time of 8:14.63 was the fastest by an American woman... until she broke the world record in Rio in 2016 with a time of 8:04.79. That record has been unmatched ever since. Now, almost a decade later, Ledecky's complete and utter domination of the 1500m freestyle event continues and she remains a favorite in other events too. If she earns three gold medals in Paris, she'll have the most gold medals of any female Olympic athlete, ever.

Photo via Sports Illustrated

#### Most Swimming Gold Medals

- 1) Jenny Thompson (USA) - 8
- 2) Katie Ledecky (USA) - 7**
- 3) Kristin Otto (GER) - 6
- 3) Amy Van Dyken (USA) - 6

#### Most Swimming Total Medals

- 1) Jenny Thompson (USA) - 12
- 1) Dara Torres (USA) - 12
- 3) Emma McKeon (AUS) - 11
- 4) Katie Ledecky (USA) - 10**
- 4) Allison Schmitt (USA) - 10

#### Caeleb Dressel

Dressel dominated the 2021 Summer Games with five gold medals and his world records in the 100m butterfly and the 4x100 medley relay in Tokyo still stand. Speaking of the medley relay, he and his teammates will be working towards earning the United States an astounding 11th consecutive gold medal in the event.

## Swimming World Records

### MEN

Event	Time	Name (Nation)	Date
50m Freestyle	<b>20.91</b>	César Cielo (BRA)	Dec 18, 2009
100m Freestyle	<b>46.80</b>	Pan Zhanle (CHN)	Feb 11, 2024
200m Freestyle	<b>1:42.00</b>	Paul Biedermann (GER)	July 28, 2009
400m Freestyle	<b>3:40.07</b>	Paul Biedermann (GER)	July 26, 2009
800m Freestyle	<b>7:32.12</b>	Zhang Lin (CHN)	July 29, 2009
1500m Freestyle	<b>14:31.02</b>	Sun Yang (CHN)	Aug 4, 2012
100m Breaststroke	<b>56.88</b>	Adam Peaty (GBR)	July 25, 2017
200m Breaststroke	<b>2:05.48</b>	Qin Haiyang (CHN)	July 28, 2023
100m Butterfly	<b>49.45</b>	Caeleb Dressel (USA)	July 31, 2021
200m Butterfly	<b>1:50.34</b>	Kristóf Milák (HUN)	June 21, 2022
100m Backstroke	<b>51.60</b>	Thomas Ceccon (ITA)	June 20, 2022
200m Backstroke	<b>1:51.92</b>	Aaron Peirsol (USA)	July 31, 2009
200m Ind Medley	<b>1:54.00</b>	Ryan Lochte (USA)	July 28, 2011
400m Ind Medley	<b>4:02.50</b>	Léon Marchand	July 23, 2023
4x100m Med Relay	<b>3:26.78</b>	Ryan Murphy, Michael Andrew, Caeleb Dressel, Zach Apple (USA)	Aug 1, 2021

### WOMEN

Event	Time	Name (Nation)	Date
50m Freestyle	<b>23.61</b>	Sarah Sjöström (SWE)	July 29, 2023
100m Freestyle	<b>51.71</b>	Sarah Sjöström (SWE)	July 23, 2017
200m Freestyle	<b>1:52.23</b>	Ariadne Titmus (AUS)	June 12, 2024
400m Freestyle	<b>3:55.38</b>	Ariadne Titmus (AUS)	July 23, 2023
800m Freestyle	<b>8:04.79</b>	Katie Ledecky (USA)	Aug 12, 2016
1500m Freestyle	<b>15:20.48</b>	Katie Ledecky (USA)	May 16, 2018
100m Breaststroke	<b>1:04.13</b>	Lilly King (USA)	July 25, 2017
200m Breaststroke	<b>2:17.55</b>	Eugenia Chikunova (RUS)	Apr 21, 2023
100m Butterfly	<b>55.18</b>	Gretchen Walsh (USA)	June 15, 2024
200m Butterfly	<b>2:01.81</b>	Liu Zige (CHN)	Oct 21, 2009
100m Backstroke	<b>57.13</b>	Regan Smith (USA)	June 18, 2024
200m Backstroke	<b>2:03.14</b>	Kaylee McKeown (AUS)	Mar 10, 2023
200m Ind Medley	<b>2:06.12</b>	Katinka Hosszú (HUN)	Aug 3, 2015
400m Ind Medley	<b>4:24.38</b>	Summer McIntosh (CAN)	May 16, 2024
4x100m Med Relay	<b>3:50.40</b>	Regan Smith, Lilly King, Kelsi Dahlia, Simone Manuel (USA)	July 28, 2019

### MIXED

Event	Time	Name (Nation)	Date
4x100m Medley	<b>3:37.58</b>	Kathleen Dawson, Adam Peaty, James Guy, Anna Hopkin (GBR)	July 31, 2021

Photo via WTHR

