Breaking



2024 Paris Olympics

Photo via Paris 2024

Breaking Events (2)

Men's

Women's



How Olympic Breaking Works

Welcome to the newest Olympic sport! Breaking makes its debut in Paris and although the future of the sport in the Olympics is still uncertain (it is currently not on the schedule for the 2028 LA games), this competition will be sure to turn heads.

16 men and 16 women will compete in the breaking competition. Athletes face off against one another in a one vs. one format

referred to as a battle. The battle is a best-of-three rounds competition and each competitor gets approximately one minute to finish their round. In that round, the athletes will use a combination of power moves which can include windmills, the "6-step" and freezes in an effort to score as many points as possible.

Their movements are set to music but unlike a Summer Olympic sport like Artistic Swimming or Rhythmic Gymnastics, the athletes in breaking don't actually choose music for themselves. Instead, a DJ will provide music throughout the competition and the athletes must match their dance to the music being played. Judges decide the winner of each round based on six criteria: creativity, personality, technique, variety, performativity, and musicality.

The competition will occur over just two days with the "B-Girls" competing on August 9th and the "B-Boys" competing on August 10th.

Breaking Schedule

Events in ET, medal events in bold

Date	Time	Event
Fri, Aug 9	10:00 AM	B-Girls Round Robin
Fri, Aug 9	2:00 PM	B-Girls Quarterfinals
Fri, Aug 9	2:45 PM	B-Girls Semifinals
Fri, Aug 9	3:14 PM	B-Girls Bronze Medal Battle
Fri, Aug 9	3:23 PM	B-Girls Gold Medal Battle
Sat, Aug 10	10:00 AM	B-Girls Round Robin
Sat, Aug 10	2:00 PM	B-Girls Quarterfinals
Sat, Aug 10	2:45 PM	B-Girls Semifinals
Sat, Aug 10	3:14 PM	B-Girls Bronze Medal Battle
Sat, Aug 10	3:23 PM	B-Girls Gold Medal Battle

Participating Nations

Men **FRA** KAZ



Women **JPN**

POR UKR USA

