Rhythmic Gymnastics



2024 Paris Olympics



Rhythmic Gymnastics Events (2)

Individual All-Around

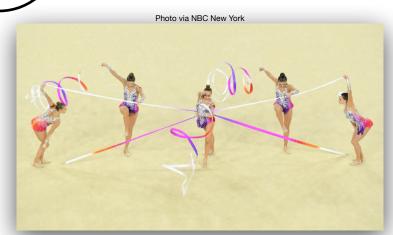
Group All-Around



How Olympic Rhythmic Gymnastics Works

Both the individual all-around and group all-around events utilize four apparatuses: hoop, ball, clubs, and ribbon.

Gymnasts utilize the apparatuses in a routine and try to score as many points as possible based on degree of difficulty, artistry, and execution (as decided upon by three panels of judges).



An individual routine is between 75-90 seconds long for each apparatus. A gymnast competing in the **individual all-around** event will perform a routine for each apparatus and their scores from each apparatus are combined into the total score for the event. 24 gymnasts will enter the qualification round and the top 10 gymnasts will earn a spot in the all-around final.

In the **group all-around**, the routines typically last from 2:15 to 2:30. Five gymnasts make up the group that will perform two routines in the group all-around competition. In the first competition, the gymnasts all use the ribbon apparatus. Then, in the second competition, three gymnasts use the club apparatus and two gymnasts use the hoops. The scores from the two routines are added together the final score in the event. The qualification round will trim the field from 14 teams to 8 teams, and the finals will determine the medalists.

Rhythmic Gymnastics Schedule

Events in ET, medal events in bold

Date	Time	Event
Thu, Aug 8	4:00 AM	Individual Qualification
Thu, Aug 8	9:00 AM	Individual Qualification
Fri, Aug 9	4:00 AM	Group Qualification
Fri, Aug 9	5:16 AM	Group Qualification
Fri, Aug 9	8:30 AM	Individual Final
Sat, Aug 10	8:00 AM	Group Final

Participating Nations





Photo via slate.com





Ball Hoop

os Ribbon